0118 937 3777

www.reading.gov.uk/sendlocaloffer

Issue Number 17 Summer 2018

SEND Local Offer

(Disc)







Newsletter



- News & Information
- Free Information Workshops
- Information & Advice
- What's On!
- Childcare
- Support and more...



Readings - Special Educational Needs & Disabilities

'Local Offer'



Readings - Local Offer



Reading's Local Offer gives children and young people with special educational needs or disabilities and their families' information about what support and services are available in the local area. This information can be found by visiting www.reading.gov.uk/sendlocaloffer

It will help parents, carers and young people to see clearly the range of services, support and information that are available to them in their local area and understand how to access them.

What is the Local Offer and what does this cover?

- •Benefits and financial guidance and assistance
- •Health & Social Care
- Schools, Education & Transport
- Leisure and social activities
- Special educational needs
- Short breaks
- Support groups
- •Early Years & Childcare

If you don't have access to a home computer the Local Offer can be viewed online at your local library or visit the Civic Offices, Bridge Street, Reading, RG1 2LU

Alternatively email localoffer@reading.gov.uk
Call us on 0118 9373777 (option 2) Lines are open Monday-Friday 9am-5pm

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Welcome to the Summer 2018 edition of Reading's SEND Local Offer - DISC

The information in the DISC newsletter is provided by third party organisations therefore Reading Borough Council cannot guarantee the accuracy of this information. Where appropriate DBS should be requested.

Reading Borough Council does not endorse the information provided.

Disabled Children & Young People's Register

The Reading Children and Young Peoples Disability Register is a secure database which aims to capture information about all children and young people aged 0-25 years with special educational needs and/or disabilities in Reading. The information that you give us will be used anonymously to show the use of and demand for services in Reading. The Register is purely voluntary and this information will help us to plan, monitor and develop appropriate facilities and services for the future for disabled children and their families.

The Children and Young Peoples Disability Register is managed by the Reading Family Information Service. We would like to encourage as many of you as possible to register so that we can get as clear a picture as possible of the needs for services in Reading.

To register you must complete an online form which will allow you to provide us with details of your child. We will be able to use your contact details to keep you up-to-date with developments in services and other relevant information for disabled children and young people. <u>Disabled Children & Young Peoples Register</u>

For those families who complete the online register, an opportunity to sign up for the free MAX Card will be available. The MAX Card offers considerable discount on major attractions across the country and on many local attractions in Berkshire and neighbouring counties. <u>Max Card</u>

Children & Young People's Disability Register is hosted on the Reading Services Guide www.reading.gov.uk/sendlocaloffer

To find out more contact the Family Information Service on Tel: 0118 937 3777 (opt 2) or email: localoffer@reading.gov.uk

Please note: Your Original Max Card expired at the end of January 2018 and is now invalid. To get a replacement Max Card please email localoffer@reading.gov.uk to request one.



A blog from Parenting Special Children's CEO Ruth Pearce

Parenting Special Children is a local charity offering specialist parenting support to families of children and young people with additional needs across Berkshire. The charity was established 12 years ago by myself (Ruth Pearse) to meet an unmet need for parenting support for myself as I found myself struggling to manage the behaviours of my children, particularly my daughter who was diagnosed with Global Developmental Delay when she was 18 months old. Working with 30 children than with my own 3 children, despite being a teacher which I thought would prepare me for having children.

Parenting Special Children started by offering Time Out for Special Needs specialist parenting programmes, highlighted the need for post diagnosis support and started a service, established a sleep service as many families were struggling with sleep and now continue to offer those services plus courses and workshops for foster and adoptive parents, family events and conferences.

All of the people who work for Parenting Special Children are parent/carers of children, young people or young adults with additional needs which we are often told is so helpful for families and what helps the charity to be so responsive to the needs of families. Staff also have a range of professional backgrounds including learning disability nurse, teacher, last year 1600 parent/carers accessed one or more of the services we offer which was fantastic but also very busy.

This year we have introduced family events which offer families the opportunity to be together in a safe place, for example, Camp Mohawk or Thames Valley Adventure Playground, and gives the whole family an opportunity to meet other families in similar situations. 'It was a lovely day, it was a great environment, safe for the children. I can relax and don't have to stress'.

For attention of Young people

We are also very pleased to offer our first prom for young people and their carers at Trunkwell House, a red carpet experience for £20 per young person (carers free), we plan to have lots of dancing and

fun. http://www.parentingspecialchildren.co.uk/courses/autumn-prom/

Invite your friends and we will make sure you are all on the same table, tell your school about it, we would love to see lots of young people having fun!

For attention of Parents & Schools

We also have a very exciting project to help children and young people Sleep Better funded by Global Make Some Noise and we would love to come into your school to talk about how children and young people can get good sleep, it makes the world of difference to how you feel, releases growth hormones - that's good news, helps with learning, in fact sleep is just so good for you! Schools do get in touch if you would be interested in Parenting Special Children coming into school, we have excellent sleep practitioners.

Parents remember we run sleep courses to help you to help your child so do look at website http://www.parentingspecialchildren.co.uk/support-we-offer/sleep/

If you don't receive our monthly newsletter do sign up if gives you all the news, sign up on every page of our website www.parentingspecialchildren.co.uk

Free Specialist Sleep Service in Berkshire for families of children/young people with additional needs http://www.parentingspecialchildren.co.uk/support-we-offer/sleep/

Just one more service to draw your attention to! We are very pleased that our monthly workshop for parents of autistic girls and young women is so well attended and appreciated. topics for the autumn term will be included in our monthly newsletter.

We have also introduced some events for autistic girls to meet each other and events to date have been a pottery session and yoga. Events for the autumn will be on the website.

Ruth Pearse CEO Parenting Special Children www.parentingspecialchildren.co.uk 01189863532





News & Information Cont'd...







Let us know what you think of Reading SEND Local Offer - Disc

We would like to gather feedback from parent carers, children and young people about the **SEND Local Offer-Disc**.

This will help us further improve the information, accessibility, usage and will assist us in developing and improving the <u>SEND Local Offer-Disc</u> working in partnership with families and young people.

You can provide feedback by emailing: localoffer@reading.gov.uk

Local Offer - Disc - Need your help!

We would like parents/carers & young people to volunteer to help improve Readings Local
Offer information by doing website checks for us.
You can do this from your own home using your own PC or device

If you are interested please contact: Maryam Makki Tel: 0118 9373777 or email: Maryam.makki@reading.gov.uk





News & Information Cont'd...

Reading Families' Forum



Reading Families' Forum are a voluntary group of parent carers with children and young people with a variety of special needs and disabilities.

We hold a **coffee evening at Krazy Play Days every half-term** with a variety of speakers and a chance for parents to talk together while the children have fun while supervised by Forum helpers experienced in working with children with additional needs.

The Forum has groups of parents affiliated to us at a number of schools in Reading. If your school hasn't already got a group for parents of children with additional needs, ask us for help in setting one up. It is a great chance to chat to other parents in the same boat. The Forum also helps arrange speakers on sleep, managing behaviour and anxiety, finances and more.

The Forum is always keen for parents to join our steering group. We hold **parent carer steering groups every half-term** to plan our work over a relaxing coffee. The steering group meet Education, Social Care and Health managers to discuss the needs of our children. You can do as much or as little as you want. It is great to be working with likeminded parents to improve things for our children and families.

Reading Families' Forum fran.morgan.rff@gmail.com Tel: 07516 185380

Carers support from health and social care (Carer's Assessment)

•If you are the parent carer for a disabled child or you provide unpaid care and support to a Reading adult (18 years+), you may be eligible for Carer's Support from Reading Borough Council's Social Care Services.

Carer's Assessment

All carers have the right to a free Carer's Assessment from social services.



The assessment gives carers the opportunity to:

- •provide an overview of the care and support you currently provide
- •say which caring tasks you are willing and able to continue with and what you need help with
- •say how caring impacts on your own health and well-being.

This information will help the Council understand your support needs and decide what support you are eligible for.

How to get an Assessment

Complete an online Carer's Assessment Carers Assessment Online Form

You can also contact us to request a paper copy:

- •0118 937 3747 if you look after a Reading adult
- •0118 937 2225 if you are the parent carer of a disabled child

You have the right to have a Carer's Assessment even if the person you look after doesn't want help from social care. For help with completing your Assessment form please contact the Carers Hub 0118 324 7333

Autism Berkshire Has Moved



Autism Berkshire has moved to a new office at 40 Caversham Road, Reading RG1 7EB

The telephone number for general enquiries and the Helpline service is still the same - 01189 594 594, along with the email address for enquiries contact@autismberkshire.org.uk

You can make an appointment in advance to visit the office for advice about autism and for appointments for help with benefit applications and appeals.

The office is on the first floor but is accessible using a lift and disabled toilets are available.

40 Caversham Road is a short walk from Reading railway station and the town centre bus stops in Friar Street.

The Garrard Street and Cattle Market car parks are nearby and on-street pay-and-display parking is available in Vachel Road, outside the office entrance, but Vachel Road can only be entered from the Greyfriars Road end. There is no access off the A329 Inner Distribution Road (IDR).

As the new office does not have a large meeting room, Autism Berkshire's workshops for parents and carers in Reading are now being held at RISC, 35-39 London Road.

The workshop will offer advice and strategies to help families while they wait for an appointment, including a look at autism and sensory issues; ideas to help communication and address sensory and behavioural issues; information on what happens in the assessment; signposting for support if you receive a diagnosis/if you do not receive a diagnosis of autism

Full details are available at http://www.autismberkshire.org.uk/pre-assessment-service/

Disability Awareness Day 2018!

Wednesday 8th August 2018 11am to 2pm The Weller Centre, 110 Amersham Road, Caversham, RG4 5NA

The Physical Disability and Sensory Needs Partnership Network (PDSN) is hosting Reading's second Disability Awareness Day on Wednesday 8 August 2018. The event will celebrate the diversity of Reading residents and visitors who may have a physical disability, sensory need or neurological condition.

Disabled people, their families, carers, voluntary organisations and other service providers will have the opportunity to gather and be part of what promises to be a fun-filled and informative day. The free event will take place from 11:00 to 14:00 at the Weller Centre, 110 Amersham Road, Caversham, Reading, RG4 5NA.

Plans for the day include free refreshments, information stalls, performances, entertainment for adults and children as well as interactive disability awareness sessions. There will be activities for people of all ages including Seated Tai Chi, Pampering Club and Messy Play.

Organisations participating in the event include: The Multiple Sclerosis Therapy Centre, Reading Fibromyalgia, Thames Valley Police, Arthritis Matters, Able World: Aids Mobility, Reading Deaf Centre, Carers Hub, Reading Crossroads, New Directions, REMAP Berkshire (bespoke daily living aids), Unlock your Wellbeing, Readibus, My Care My Home (financial advice for care and support), United Response, and Compass Recovery College.

To find out more about the day please contact 01189 372383 or email pdsn@reading.gov.uk

News & Information Cont'd...



About the CEA Card



This is a national card scheme that can be used to verify that the holder is entitled to one free ticket for a person accompanying them to the cinema. Terms and Condition of use apply. To apply for the card, you will need to meet one or more of the following criteria:

- a) Be in receipt of the disability living allowance or attendance allowance.
- b) Be a registered blind person.

The card is valid for 1 year from the date of issue.

If you have any difficulty, please contact us at the address below:

CEA Card, PO Box 199, Deeside, CH5 9BW.

Also queries can be dealt with by contacting us.

Tel: 0845 123 1292

Email: info@ceacard.co.uk

www.ceacard.co.uk/

Autism Alert Card

Berkshire Autism Alert Card

ATTENTION!

I have an Autism Spectrum Condition

The card will alert people and emergency services that the person carrying the card has a condition that may require special attention.

HOW TO GET A FREE CARD

The aim of the Berkshire Autism Alert Card scheme is to provide a simple way for people living with autism to quickly and easily explain their condition to others, giving cardholders more confidence to go out and about.

Autism Berkshire issues the Berkshire Autism Alert Card free of charge to anyone with an autism spectrum condition on behalf of the Berkshire Autism Alert Card working group.

Contact Autism Berkshire:

Tel: 01189 594 594

E: <u>contact@autismberkshire.org.uk</u> www.autismberkshire.org.uk

Autism Alert Card Leaflet

Special United SEND Youth Forum

Next Event Thursday 12th July 5-7pm at Smokeys House 21, Wokingham Road, Reading, RG6 1LE



£10 Vouchers!!

Free Food!!

Who is it for?

Young people who;

- have Special Educational Needs and/or Disabilities
 - are 11 25 years old
- live in the Reading Borough area

AND siblings of these young people

Come & join us for fun events!

Learn about local services for you.

Give your opinions & feedback & shape
the future!!!

Meet peers and make new friends!

For more information Email:

samia.sharif@hotmail.com Call: 07412 555 898 Reading Families' Forum

A voice for families of children and young people with special educational needs and/or disabilities

Early Years News & Activities

See what's going on for 0-5 year olds

Tax Free Childcare Helping working parents pay for childcare

The government introduced Tax-Free Childcare (TFC) in 2017, a new UK-wide scheme to help working parents pay for childcare

To find out more please follow the link below

Tax Free Childcare





To keep your 30 hours free childcare place **You** need to check your details are up to date every 3 months. Go to gov.uk/childcareaccount





Early Years Advisory Teacher for SEND

Hello, my name is Aimee Trimmer and I am the Council's Early Years Advisory Teacher for Special Educational Needs and Disabilities (SEND). My role is to provide support to settings and schools who have children with SEND around how they can support the children, when to apply for additional support, who to signpost to and provide support with filling out SEN paperwork for the inclusion funding, Disability Access Fund and EHCP Requests.

I work with the Early Years Team, the Portage Service, Educational Psychology and the School Standards team so that we can provide support to families and children in Early Years. I have previously worked in a specialist Nursery and play setting, as an Early Years Teacher in Children's Centres, and as an SEN Officer for other Local Authorities. I have completed my degree in Psychology and Health, followed by the Early Years Teacher Status Qualification.

Settings can contact me via email to ask for support, and will require parent's permission if they wish I come and observe a specific child in the setting.

My email is Aimee.Trimmer@reading.gov.uk.

2 Year Old Education & Childcare Funding



Your child may be eligible, if you are on a low income, some types of benefit or meet certain other criteria, you might be eligible to apply for 570 hours free early education or childcare per year (15 hours per week over 38 weeks) for your two-year-old.

For further information on 2 year funding please contact the Family Information Service on 0118 9373777 (option 2). To access information on providers offering 2 year places search through the childcare options on the following page **Childcare Search**

Email fis@reading.gov.uk

Disability Access Fund (DAF)

The Disability Access Fund will be for three and four year olds who are taking up their free funding entitlement and are in receipt of Disability Living Allowance.

If you would like to find out more or have any questions, please contact the Early Years Team - early.years@reading.gov.uk - 0118 937 4730

More information can be found here

Early Years Inclusion Funding

Reading Borough Council

A new Early Years National Funding Formula (EYNFF) for 3-4 year olds took effect from April 2017. As part of this, there is a requirement for authorities to establish a special educational needs inclusion fund for early years in order to help providers address the needs of individual children with special educational needs.

The Early Years SEN Inclusion Fund has a focus on emerging SEN, since those with more complex SEN may receive support via an EHC Plan.

More information can be found here

Early Years & Childcare

For information on Childcare Settings supporting SEND, Maintained Nursery Schools & Classes, related advice & more, please follow the link Early Years & Childcare

Dingley's Promise



Nursery

Dingley's Promise provide a place where children - from birth to five years - with special needs and disabilities come to develop skills through play. More than this, it is a place where their parents and carers are welcome, where they can make friends and share experiences.

Dingley's Promise offer play scheme sessions across the year for children aged 0-5 years with SEND, this service offers much needed respite for parents and carers.

Contact Dingley's Promise - Reading for more information.

<u>Butterflies - Down Syndrome Group</u>

Butterflies is a new Down Syndrome group who aim to meet once a month, to bring families together over a cuppa, to give each other support, help and guidance whether your child has not even been born, is at pre-school, school, college or working.

Butterflies is a new support group dedicated to families with a child who has Down Syndrome or expectant parents who have received a positive pre-natal diagnosis

Drop in between 1pm - 2.30 pm This event will be hosted by Dingley's Promise Reading Centre.

Contact: Sian: 07970381120 (Group Organiser & parent to a child who has DS) or Emma: emma.garcia@dingley.org.uk (Family Support Worker at Dingley's Promise offering support at the group for 0-5's)

Snowflakes

New Bridge Nursery Snowflake Centre

A Nursery Setting for children who have been diagnosed with a High-Functioning Autism Spectrum Condition. We are based within New Bridge Nursery School, Montague Road, Caversham RG4 5AU.

We are an experienced and caring team. Our team works closely with the children and their families. We welcome visits, and any questions you may have.

To speak to a member of staff please call the Snowflake Centre on 0118 937 5580 www.newbridgenursery.reading.sch.uk

Norcot Nursery School & Early Years Holiday Club

Norcot Early Years Centre, 82 Lyndhurst Road, Tilehurst, Reading, RG30 6UB

An inclusive holiday club for children aged 3 - 6 years and 11 months, aiming to provide fun activities and care for all children, whatever their needs. Please provide a packed lunch (no nut products).

For further details: Tel: 0118 937 5618 or visit: https://www.norcotearlyyearscentre.co.uk/holiday-club/



Dingley Summer Holiday Playscheme Dates for Reading

We run inclusive holiday sessions for children with additional needs and their mainstream siblings (if under 8 years old). These are a really important break for families during holiday periods and we make sure the activities are fun for all the children.

Monday 6th August

Wednesday 8th August

Thursday 9th August

Monday 13th August

Tuesday 14th August

Tuesday 21st August

Wednesday 22nd August

All playschemes are 9.30 am - 2.30 pm

For information on booking please contact Louise Farmer, Centre Manager on louise.farmer@dingley.org.uk

St Joseph's College Holiday Club (Early Years and Year 1 to 6)

St Joseph's College Holiday Club is open to **both** pupils and non-pupils. An inclusive club that caters for children with special educational needs/disabilities (SEND)

St Joseph's College Holiday Clubs runs for every full week of every half term and school holiday. We are open from 8am to 6pm every day, with half day sessions also available.

The Early Years Holiday Club offers a wide variety of activities lead by our team of qualified Early Years Practitioners and guided by the EYFS. Our activities are usually themed for the week, and there is opportunity for the children to dress up for our theme on Fridays.

The Year 1 to 6 holiday club offers a wide range of exciting and new activities, focusing on engaging children in a fun and safe environment. Our activities are planned to enhance new skills, encourage inclusion, team work and strategic thinking. Children and parents can expect a number of exciting multi-activities.

We have an indoor heated swimming pool we use every day at holiday club with our qualified lifeguards. Expect safe and exciting games within the pool which accommodates both non-swimmers and those of all abilities.

Sessions:

8am until 6pm

£28.15 to £31.15 Per Day

£140.75 - £155.75 Per Week

We also offer AM and PM sessions - £15.55 AM - 8am to 1pm PM - 1pm to 6pm

Contact: Dale Baker Tel: 0118 9661000 E: holidayclub@sjcr.org.uk

St Josephs College Holiday Club

Upper Redlands Road, Reading RG1 5JT

Early Years - Your Local Children's Centre's

Reading Children's Centre's Together Time with F.A.M.I.L.Y Up to 20th July 2018

Together Time with F.A.M.I.L.Y - (0-under 5's) This session is planned to support your child with school readiness and to offer parents additional support based on individual family need. This includes Special Educational Needs and Disabilities - we offer access to support, advice and guidance and work in partnership with Reading Families' Forum (RFF)

Together Time with F.A.M.I.L.Y runs on different days at various children's centres - see below:

Tuesdays @ Ranikhet CC, Spey Road, Reading, RG30 4ED 10am-11.30am Tel: 0118 937 5221

Tuesdays @ Coley, CC St Mary's & All Saints School, Wensley Road, RG1 6DE 10am-11.30am Tel: 0118 937 2535

Thursdays @ Whitley CC, 252 Northumberland Avenue RG2 7QA 1pm-2.30pm Tel: 0118 937 3894

Thursdays @ Sun Street Youth & Community Centre, Sun St, RG1 3JX 1p,-2.30pm

Speech and Language *Drop In* **Katesgrove Children's Centre** 2nd Wednesday of each month, 9.00 to 11.30am, contact children's centre for more details.

Elgar Road, Reading, RG2 OBN Tel: 0118 9375664

Speech and Language Therapist will be available at Coley Children's Centre to answer any questions/concerns you may have about your child's speech and language development. 3rd Thursday 9am-11.30am

St Mary & All Saints C of E Primary School, Wensley Road RG1 6DU Tel: 0118 9372535

Speech and Language Therapist will be available at Southcote Children's Centre to answer any questions/concerns you may have about your child's speech and language development. 4th Wednesday 9am-11.30am 85 Coronation Square, Southcote, RG30 3QP Tel: 0118 9372535

Speech and Language Drop in @ Ranikhet Children's Centre. An S & L Therapist will be available to answer any questions/concerns you may have about your child's speech and language development. No need to book. Every 1st & 3rd Monday of the month 1pm to 4pm

Spey Road, Tilehurst, RG30 4ED Tel: 0118 937 5221

Speech and Language Therapist at Battle Library will be available to answer any questions/concerns you may have about your child's speech and language development. No need to book 1st & 3rd Wednesday of the month 9am-12pm. Battle Library, 420 Oxford Road, RG30 1EE Tel: 9375221

Speech & Language Drop in @ Caversham Children's Centre. Concerned about your child's speech or language development? Come along and have a chat and pick up handy tips and tools. This session takes place on alternate weeks on a Tuesday each month 9.30am-12pm. 0118 9375664

Speech and Language Drop In @ Sun Street. Speech and language therapist available for access to advice for under 5s during open morning session at children's centre 1st Tuesday every month; 9.30am - 12.00 noon, Sun Street, Reading, RG1 3JX Tel: 0118 9375664

Speech and Language Drop In @ SureStart Whitley. Please come along to a speech and language therapy drop in clinic 2nd Tuesday each month 1.30pm - 4pm. 252 Northumberland Avenue, Reading, RG2 7QA Tel: 0118 9207532

Peapods

Every second Saturday of the month, you can find Peapods gathered at either

Twyford Scout Headquarters on Loddon Hall Road in Twyford, Berkshire, RG10 9JA from 10.30am to 12.30pm Or

Our House on Toutley Road in Wokingham, Berkshire, RG41 1QN from 10.30am to 12.30pm

Both venues are great for play and disabled access, including a disabled toilet and lots of parking.

Mums, Dads, and all the children get to experience a variety of activities, sharing the fun. We have a different theme at each session leading activities in art and crafts, cookery, games, music and more. There is always a wide range of fun things to do, for all abilities. Drinks and snacks are served for adults and children.

Several trained members of staff supervise the activities and all staff members and volunteers are DBS-checked. See who's who.

Come along and relax, have a chat to other Peapods parents whilst the kids play. All the family is welcome (including extended family and carers)!

For more information about Peapods, or just to talk to someone who understands what you are going through, phone Angie, our New Members' Trustee, on **07765 896040** email **angie@peapods.org.uk** http://www.peapods.org.uk/

Peapods Calender of Events 2018

The Messy Club @ Jelly

The Messy Club is an art club for disabled children and adults in Reading, led by Luisa. Luisa's daughter Emmy has CHARGE syndrome and is deaf and it is this experience that empowered Luisa to start the Messy Club. Messy Club is based at jelly every Tuesday from 12.30pm -2pm and is a small group tailored to suit everyone's needs.

Please note that this session may be messy. Please bring your own apron and baby wipes. We do not have a toilet within our unit public toilets are located a short walk away. We will provide water for hand washing.

 $\frac{https://www.eventbrite.co.uk/e/the-messy-club-broad-st-mall-winterspring-term-tickets-42601978665?lang=engb\&locale=en_GB\&view=domo$

Unit 33 Broad Street Mall, Reading. We're near New Look!

Luisa Garcia 07809 709363

making space for

Kanga Tots

@ Red Kangaroo Trampolining Centre

Every day Kanga Tots - special toddler only bounce

Mon-Fri 10am to 12noon; Sat & Sun 9am to 10am.

60 minute sessions £5 child.

An adult must bounce with the child, however there is no charge for them!

Tel: 0118 324 8884 jumpreading@redkangaroo.co.uk

Red Kangaroo Trampolining Centre

Red Kangaroo, 8 Bridgewater Close, Reading RG30 1JT



(Our House)
Toutley Road, Wokingham
RG41 1QN
Tel: during office hours on
07393 407169
www.bftf.org.uk email:
admin@bftf.org.uk

Pre School Play Group

A small, friendly and inclusive playgroup usually held twice a month for babies and children with any additional need or disability. No diagnosis necessary. A range of play activities and experiences provided as well as the opportunity for parents to relax and meet. Pre-school age siblings very welcome.

All sessions are on a Friday from 9:30am

Holiday Clubs... Bookable Holiday Clubs and Activities for Children/Young People with Special Educational Needs/Disabilities

Reading Play - Holiday Play Clubs

(excludes bank holidays)

Reading Borough Council Holiday Playclubs are a full childcare facility for children aged 4 years old (in full time education) to 12 years old (up to their 13th birthday) during the school holidays. Children are fully supervised within an open play service, and enjoy a variety of safe and exciting activities in comfortable surroundings.

If a SEND is highlighted in our booking process we may request additional support forms to be completed prior to attending the setting. This allows the teams to make a judgement and communicate with the parent on what support we could provide.

To find out more about these clubs and for pricing and booking information please go to: http://www.readingplay.co.uk/

Tel: 0118 9372636 Email: reading.play@reading.gov.uk

Challengers Youth Schemes

Where: Brookfields School, Sage Road, Tilehurst, Reading RG31 6SW

When: Easter & Summer Holidays & Saturday's Term time

Summer Holidays Activity Programme 2018
Summer Term Activity Programme 2018 (Saturdays)

Cost: £22 Time: 10am - 4pm

Challengers Youth Schemes are for young people aged 13-18 we have a programme of activities and trips out - for example, trips to London, skiing, swimming, bowling, cinema, lunch out at Pizza Express and more. As well as this, there is also time to hang out and make friends. We promote a programme of activities for each youthscheme so that you can choose the day and the scheme you want to book. Up to half the spaces are reserved for young people who have complex impairments and need 1:1 support.

How to Book: Call Kim Anfield on 07816 335 392 Email: ReadingYouthscheme@disability-challengers.org Challengers 01483 230 939.

TAG Holiday Club

Come and join the fun this Summer 2018

Where: The Avenue School, Conwy Close, Tilehurst, Reading

When: Week 1 - 23rd - 27th July Week 2 - 30th July - 3rd Aug Week 3 - 6th - 10th Aug Week 4 - 28th - 31st Aug

New - limited spaces available for children who need 1-1 care - please <u>click here</u> for further information

Please email TAG tag.holiday.club@hotmail.co.uk

Time: 10am - 4pm

We welcome all children aged between 8 -18 years with Autism who have a severe learning disability and/or challenging behaviour. There are spaces for up to 14 children each day

- Children must have a diagnosis of Autism but do not have to have an EHCP
- Schools must verify/endorse additional education support
- Cost £20 £45 per day

Please check out our website for more details on our admissions criteria and to download booking forms www.tagholiday.club or email us at tag.holiday.club@hotmail.co.uk



Thumbs Up Summer 2018

Thumbs Up Club for children with Additional Needs aged 3-19

Where: Addington school Woodlands Avenue Woodley (next to Bulmershe Leisure Centre)

When: July 30th - August 24th 2018

Times: 9.30am to 4.00pm **Cost:** £25 per day

The Online bookings are alrady open and can be accessed at www.thumbsupclub.co.uk
There maybe a one-off administration fee for late bookings, please see website for details.

A mini-bus service, will operate in the Wokingham and south/east Reading areas ONLY, there is an additional cost.

The club reserves the right not to accept certain booking requests or accept them on a trial basis or set certain conditions, if the club manager so decides.

Any queries please contact bookings@thumbsupclub.co.uk enquiries@thumbsupclub.co.uk

Reading FC Community Trust Inclusive Football

Soccer Schools - Turn up and play!

Monday's 5 - 6pm

Inclusive football sessions for boys and girls aged 5-16 years

If you have any questions please contact Dan or Craig 0118 907 2160 or 0118 907 2159

To book please visit: officialsoccerschools.co.uk/readingfc

For more information or to book a place, please call: 0118 9681460 / 0118 9681480

Visit: www.community.readingfc.co.uk



Where: Heroes Farm, Bartlett's Lane Holyport Maidenhead SL6 2JD

When: August 6th - August 31st

Time: 10.30am - 3pm For ages 7 - 16years

A chance for your child to become an **Animal Ranger** for a day, looking after all our lovely animals at the Farm. They will get involved hands on with all the animals, cleaning, feeding, exercising, and lots of petting and handling. Walk with the goats, feed the alpacos, hold a snake, a great fun educational day for children suitable for ages 7 - 16 years

Cost £28.00 per session

For bookings <u>dawndingwall@btinternet.com</u> www.animalrangers.co.uk

Leighton Park School Holiday Club

Where: Shinfield Road, Reading, RG2 7DE

When: Please contact Leighton Park for dates

An inclusive holiday club for children aged 5-14 years old. Activities include: Archery, climbing wall, den building, swimming, trampolining, arts & crafts and lots more.

Opening times for 2018: Early Bird Club: 7.30am-3.30pm or 7.30am-5.30pm, Normal Day: 8.30am-3.30pm or 8.30am-5.30pm.

For more information/booking forms and prices

www.leightonpark.com/enterprises Email: activities@leightonpark.com

Tel: 0118 987 9538



Short Breaks/Respite

What is a Short Break?

Short breaks are provided to give:

- •Children and young people with a disability can have enjoyable experiences away from their primary carers, thereby contributing to their personal and social development and reducing social isolation.
- Parents, carers and families can have a necessary and valuable break from caring responsibilities.

These breaks can include a variety of options including clubs offering 2 hour sessions through to overnight and weekend activities and can be offered by community & voluntary organisations, and take place in the community, in the child's own home, the home of an approved carer or a residential setting.

Short Breaks in Reading for Children & Young People with Special Educational Needs and/or Disabilities.

Cost: Please note that where a cost is not specified we would recommend contacting the provider directly or visit their website.

Referral: Some of the short breaks listed below will require a referral to access the service, this information can be found on the individual records, others you can self refer.

Click on the links below to find out more about their service.

RBC Funded Short Breaks

Autism Berkshire Games Club

Bphab Youth Club

Challengers Reading Youth Scheme

Cressingham Resource Centre

Reading Mencap Saturday Youth Club

Saturday Club

Shared Lives Scheme - Reading Borough Council

Short Breaks (Links Project)



Other Short Breaks

Autism Berkshire - Lego Club West Berkshire

Appleberry Care Ltd

Auticulate

Call Us - Sitting Service

Chance to Dance Special Needs Dance Club

<u>Cherry Trees - Home from Home Respite Care</u>

Chiltern Centre - For Disabled Children

Dimensions - Reading Short Breaks & Outreach

Friendly Faces Home Help

Radis Community Care

Smiles Club

White Lodge Centre - Short Breaks Unit at Treetops

Clubs, Groups & Community Activities

Young Carers' Youth Clubs

Reading Borough Council runs a Young Carers' Project for young people aged between 5 and 19 who are defined as 'carers'. We define a young carer as: A child or young person who cares for a relative and carries out an inappropriate level of duties around the home or provides emotional or physical support to their parents or siblings.

In the young carers project, we aim to give the child or young person some time away from their responsibilities to meet other young carers', develop life skills, have someone to talk to and above all, have some fun. The project is not there to judge or question what the children or young people do but support them. We run three youth clubs - all run at Fairview Youth Club - which are divided according to age.

- •Seniors for 12 19 year olds Mondays 5 7.30pm
- •Inters for 9 12 year olds Tuesdays 4 6pm
- Juniors for 5 9 year-olds Wednesdays 4 6pm

A light snack will be provided to tide you over till dinner time and we may be able to support with transport.

For further information about these clubs, please contact kelvin Husbands E: kelvin.husbands@reading.gov.uk Tel: 0118 937 3266





(Our House)
Toutley Road, Wokingham
RG41 1QN
Tel: during office hours on
07393 407169
www.bftf.org.uk email:
admin@bftf.org.uk

Saturday Clubs

Third Saturday of each month: 11am-1pm Physical disability and/or Down Syndrome 3pm-5pm Autism and similar additional needs

Play Group

Pre-school age siblings very welcome. Every Tuesday in term time, 9.30am to 11.30am

Therapy Programmes

We offer a range of subsidised therapy sessions throughout the year. This includes physiotherapy, conductive education, speech and language support and occupational therapy.

School Holidays

We offer Stay & Play drop in sessions, enabling the whole family to relax at the centre, enjoy our facilities, to socialise and play.

Chance to Dance

SEN Dance Club

Chance to Dance is a unique dance school, that prides it's self in adapting movement and music for all children and young adults with a disability. Giving them access to a dance school and other activities that are structured and designed around who they are and their needs.

What to Expect

Welcome circle

Introduce everyone - a chance for the students to meet others and to develop upon communication Warm up

Corner and floor work

Dance routine incorporating various dance styles Cool down and Relaxation Sensory Play

The students will practice the routines each lesson and then perform for parents and family friends in a showcase once a year if they wish.

We run classes in Reading & Martin's Heron in Bracknell - For more information please visit

Chance to Dance - SEN Dance Club

Tel:07736343570 vickieandrews50@hotmail.co.uk

Clubs, Groups & Community Activities

AUTICULATE

Auticulate is an educational club for children and young people in mainstream schools with an ASD diagnosis. We help children and young people improve their communication, social and independence skills.

We run a Junior (ages 8-11) and Senior (ages 12-16) group out of the New Hope Centre in York Road, Reading, RG1 8DU on alternate Wednesdays during term-time from 4.30pm - 6.30pm.

For more information about Auticulate, please contact:

Wendy

wendy@auticulate.org.uk Mobile: 07791 243953

Auticulate Website: http://www.auticulate.org.uk/





Reading Powerchair Football Club

Reading Powerchair FC is a competitive but very friendly powerchair football Club that currently comprises of nine players (both sexes, ages 14 – 30), who compete in the South East Powerchair Regional League that is organised on behalf of the Wheelchair Football Association.

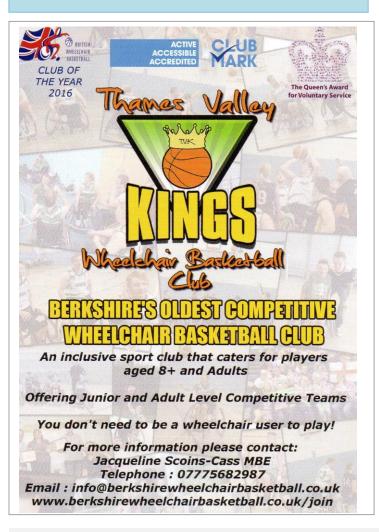


Powerchair football is played by the physically disabled in electrically powered wheelchairs that have been specifically adapted to handle the demands of playing a fast and skilful game that to a great extent mirrors all the aspects of normal football. The game is played indoors, with teams of 4 players. They use a slighter larger football that is hit by a bumper that has been fixed to the front of the wheelchair. This allows the players to show off their dribbling, passing and scoring skills and at the same time enjoy the delights of being part of a team environment that their disability might otherwise prevent them from experiencing.

Powerchair football has teams based all over the Country and you can also play in National Leagues and (if your team is good enough) against the best teams in Europe. There is even a World Cup; which this year is taking place in Florida USA during July.

Interested? Then come along to one of our training sessions to see what it is all about. These are held at the Lodden Valley Leisure Centre, Rushey Way, Early every other Sunday 10 to 12, or if you want to see Powerchair Football in action; then come along to our Summer Tournament on Sunday 25th June 2017 - 10,00am to 4,00pm at the Rivermead Leisure Complex, Richfield Ave, Reading

For more info visit www.readingpowerchairfc.org.uk or Facebook Reading Powerchair Football Club email: karenmallet@bluevonder.co.uk





Clubs, Groups & Community Activities...

Gymfinity Gymnastics & Ninia Club

We offer pre-school classes for babies from walking to 4.5yrs as well as gymnastics and ninja classes for children ages 4.5yrs+. By joining as a member, you guarantee your class, week in-week-out.

Our coaches are all fully qualified to instruct and develop your child with the skills that they require whilst, at the same time, progressing through our in-house awards scheme.

We also offer birthday parties and holiday camps.

We are currently offering free trials for a limited period. The trial is the perfect opportunity to determine which class is right for your child. *Click here to book your free trial*.

We are an inclusive club and children with SEN are welcome as long as we can meet your childs needs. We recommend that you bring your child along for a trial.

Children that need one to one care can bring along a carer.

Tel: 0118 2074590 https://www.gymfinitykids.com/locations/reading/

Gillette Way, Reading, RG2 0BS

Bphab Youth Club RBC Part Funded Service

Where: Berkshire Phab, MAPP Centre, 22 Mount Pleasant, Reading, RG1 2TD

When: Saturdays 9.30am - 1pm Cost £5 per session For ages: 9-18

For young people with and without disabilities. There's a range of activities available, including games on the playstation or Wii, giving the club's robot mascot a seasonal makeover, getting sporty with table tennis or basketball, creating a culinary masterpiece or chilling out in the fantastic sensory room.



Siblings are welcome, and parents don't have to stay (although we are not able to provide personal care).

For further details:

Tel: 0118 916 8412 / 8413, Email: info@berkshirephab.org www.berkshirephab.org www.facebook.com/berkshirephab

Raft Club

Where: The Avenue School, Conwy Close, Tilehurst, Reading, RG30 4BZ

When: 2nd and 4th Saturday every month

There is no charge for this club.



The RAFT Club has been set up to provide support for families of children with Autistic Spectrum Disorder living in Reading. The club employs play workers who organise activities for children aged 4-12 years. **Booking essential.**

For further details: Contact Michele Page, Tel: 0118 9471438, Email: michelepage22@hotmail.co.uk

Engine Shed

Where: Katesgrove Children's Centre, Waterloo Meadows, Elgar Rd, Off Berkley Avenue, Reading, RG2 OBN
When:- Saturday 21st July - annual trip to High Wycombe model engineering club with rides, BBQ and cake NO
JULY SESSION AT THE CENTRE, NO AUGUST SESSION, Saturday 29th September, Saturday 27th October, Saturday 24th
November, Saturday 15th December (TBC)

Time: 11am-2pm free biscuits & drinks Free entry, all welcome

The Engine Shed is a special interest group for children and young people with autism.

If you would like to know more, require clarifications or just want to check sessions are on before you travel, please contact the Coordinator Sarah at reading@theengineshed.org.uk

Clubs, Groups & Community Activities...

Reading Mencap Clubs for children & Young People...



Clubs for children with a learning disability

Reading Mencap, 21 Alexandra Road, Reading, RG1 5PE
For further details, to attend or to find out if transport is available please contact us on
0118 966 2518 / office@readingmencap.org.uk www.readingmencap.org.uk

Clubs for children with a learning disability

Reading Mencap Clubs for Children & Young People

NEW! Saturday Youth Club for children with a learning disability aged 10 - 19

Reading Mencap, 21 Alexandra Road, Reading, RG1 5PE

Reading Mencap's Saturday Club and Youth Club have merged, which means more time for everyone to enjoy their favourite activities, make new friends and have fun!

Saturday Youth Club runs from 10am - 3.30pm. The summer term runs until Saturday 21 July. Activities include games, sports, drama, arts and crafts, cooking and trips out. Club costs £6 per session.

www.readingmencap.org.uk/services/for-children/saturday-club/

Siblings Club for 8 - 16 year olds

Reading Mencap runs a Siblings Club for the brothers and sisters of children who use our services. This group meets about six times a year during the school holidays and is a great place for young people to socialise and meet new friends.

Recent activities have included a trip to an escape room, the cinema and an ice cream parlour.

If you would like more information, or to attend either of these clubs, please call 0118 966 2518 or email office@readingmencap.org.uk

www.readingmencap.org.uk/services/for-children/saturday-club/

Autism Berkshire Clubs...

Autism Berkshire - Games Club RBC Funded Resource



Where: Club is held at: Emmer Green Youth & Community Centre, Grove Road, Reading, RG4 8LN

When: 2nd and 4th Saturday of the month and is open to young people with an ASC living in Reading

Games Club gives children the chance to make friends, play games and enjoy other activities including table tennis and table football.

The Club is funded by Reading Borough Council's Short Breaks Service to give parents and cares with autistic children some time for themselves.

Time: from 2pm-4pm Ages 8-15 years

Cost £5

Please contact Autism Berkshire on 0118 959 4594 or email: contact@autismberkshire.org.uk

Autism Berkshire - Trampolining

Where: Sessions in Reading are held at Crosfields School, Shinfield Road, RG2 9BL, and Meadway Sports Centre, Conwy Close, RG30 4BZ. Contact Autism Berkshire for dates at each venue. Booking essential.

When: Fortnightly on Saturdays during school terms

Special sessions for children and young people with autism spectrum conditions, which help to develop sensory and motor skills and boost fitness. For ages 5-17 years, sessions are free.

Due to the popularity of this activity, there is a waiting list for places. Please contact the Autism Berkshire office to register.

For further details: Tel: 0118 959 4594 or email: trampolining@autismberkshire.org.uk

Lego Club

Where: Saturdays 9.30-11.30am at Woolhampton Village Hall, Bath Road, Woolhampton, RG7 5RE.

When: July 14th, July 28th

The club is for children aged 8 to 15 years with an autism spectrum condition and meets at Woolhampton, in West Berkshire.

Due to the club's popularity, places need to be booked in advance by contacting the organiser, Jo Roberts, who is Autism Berkshire's Home Visit Support Worker for West Berkshire.

There is a charge of £5 per child, per session. There is currently a waiting list for this club.

For more information about Lego Club and to book places, contact Jo Roberts on 07907 464 440 or email jo@autismberkshire.org.uk

Family Fun Days at Thames Valley Adventure Playground

Where: Thames Valley Adventure Playground, Bath Road, Taplow, near Maidenhead, SL6 OPR

When: Sunday 5th August, 14th October & 25th November 2018

Time: Noon to 4pm

A chance for families, including siblings, to relax in a safe, stimulating environment, meet friends and make new ones. Facilities at the playground, which is designed for children and adults with special needs, include a sandpit, outdoor play equipment and bikes, plus a soft playroom, sensory room, art and craft activities.

For more information or to register for any of these leisure activities, call the Autism Berkshire office on 01189 594 594 or email admin@autismberkshire.org.uk

Clubs, Groups & Community Activities...

Red Kangaroo Trampolining Centre - Kanga Calm Special Needs Sessions

Where: 8 Bridgewater Close, Reading, RG30 1JT When: Wednesdays 1pm-2pm & Sundays 6pm-7pm Enjoy the benefits of rebound therapy at Kanga Calm

Sooth your senses with Kanga Calm, our relaxing trampolining experiences. Ideal for adults and children who just want to unwind and destress. Autism friendly sessions are available for children with disabilities. £8 per person - carers that are not bouncing but assisting are free (just £2 for socks)

Tel: 0118 384 8884 jumpreading@redkangaroo.co.uk

Kids 'N' Action

Where: 680 Eskdale Road, Winnersh Triangle Wokingham RG41 5TS (Just off A329M)

When: Second Wednesday of every month from 5-8pm.

Special Needs Night

Adventure Park, High Street (imaginative role play), video games room, sports arena, cafe and much much more. An inclusive play centre. Wheelchair accessible. **Special Needs Night** for children of all ages and their families, £5.45 per child, adults and children under 1 go free. Please take valid CANCARD or other documentation as proof of disability. For more information please visit the website.

0118 968 0983 email info@kids-n-action.com www.kids-n-action.co.uk

Krazy Play Days

Special Needs Nights

Where: Unit 7, Sterling Way, Reading, RG30 6HW

When: Every 2nd Monday of each month 5.15pm - 7.30pm:

Designed for all. Welcome to Krazy Play Days family play and party centre. We have a huge soft play area located in central Reading offering fantastic safe facilities, great atmosphere and a friendly welcome.

Call: 0118 942 6171 Email: fun@krazyplaydays.co.uk www.krazyplaydays.co.uk

Showcase Cinema Winnersh - Autism Friendly Screening

Showcase host an autism friendly cinema screening on the second Sunday of the month at 10am.

Next autism friendly film screening is Patrick (PG) on Sunday 8th July at 10am

Free entry for carers with a valid CEA Card Apply for a CEA Card

Where: Reading Rd, Winnersh, Wokingham RG41 5HG

Autism Friendly Cinema Screenings

Phone: 0871 220 1000

Vue Cinema Reading - Autism Friendly Screening

Vue host an autism friendly on the last Sunday of the month at 10.15am

Vue's next autism friendly film screening is awaiting an update.

Free entry for carers with a valid CEA Card Apply for a CEA Card

Where: The Oracle Centre Reading RG1 2AG

Autism Friendly Cinema Screenings

Phone: 0345 308 4620

Parenting Special Children (PSC)



PSC run various courses and workshops & Parenting Programmes throughout the year, such as:

- Pre & Post Autism Workshops
- Pre & Post ADHD Workshops
- Time Out for ADHD
- Time Out for Autism
- Anxiety & Autism Workshop
- Sleep Workshops
- Pre & Post Diagnosis Support
- Looked After and Adopted Children with Special Needs
- Time out for Special Needs
- Parenting Support
- Bespoke Training
- Autism Girls Monthly Speaker Events

For information on courses, workshops and much more, please Tel: 0118 9863532 Email: admin@parentingspecialchildren.co.uk or visit: www.parentingspecialchildren.co.uk



Autism Berkshire Home Visiting Service

Home Visiting Service

This free service offers support, information and advice in an informal setting to parents and carers. We can visit you:

- While you are waiting for an assessment for your child
- After a diagnosis of an autism spectrum condition
- To support you during a crisis or period of difficulty



Our trained advisers are all parents of children and young people on the autism spectrum. An initial home visit will normally take 90 minutes. After that there will be a follow-up visit, lasting up to 90 minutes, and/or a follow-up telephone call.

For more information about the service and to book a visit, call 01189 594 594 or email contact@autismberkshire.org.uk

Please note that home visits are only available in the daytime on weekdays during school terms. Evening and weekend appointments are not available.

Full details of all our workshops are available online at our website www.autismberkshire.org.uk

The Prince's Trust

The Trust supports people aged 13-30 who are looking to make a change in their lives?

If you're unemployed or struggling at school, The Prince's Trust can help you in a number of ways, including free training courses, brand new experiences, support, mentoring and finance.

We provide a different course in different subjects every month, so we try to cater to as many different young people and their needs as we can.

We meet or talk on the phone to all young people who are interested in a Princes Trust course and we will assess with the young person what the right course is for them and what individual support needs that they require.

If a certain course from a practical standpoint is not suitable for the young person or we feel we won't be able to give the young person the support that they need, we will continue to engage with that young person and try and get them on the course that's right for them.

Contact Stephen Todd Tel: 07904 665973

Email: <u>stephen.todd@princes-trust.org.uk</u> <u>www.princes-trust.org.uk</u>







AUTUMN PROM...

For young people with additional needs (16-19) who live in Berkshire

Friday 21ST September 2018 7.30pm -11.30pm



Trunkwell House, Beech Hill Road, Reading. RG7 2AT

Tickets £20 for young person - plus free carer includes: Mocktail on arrival / DJ & Dancing / Hot Buffet / Separate bar & buffet for carers

There are a limited number of tickets available, which will be allocated on a first come, first served basis. Don't miss out!

Please order online here: http://bit.ly/PSCSpringProm



Summer Fun at The Outpost is back for 2018!!!

Three weeks of fun family activities including Survival Week, Challenge Week and Adventure Week. Owen's Animals, Natural Wildness, Reload Reading - Laser Clay Shooting Range, Fun Active Creative Events Ltd, and many more will be making an appearance!

- Location:
 - o The Outpost, Next to Rivermead Leisure Centre, Richfield Avenue, Reading, RG1 8EQ
- Dates:
 - Monday 30th July to Friday 17th August (Mondays to Saturdays)
- Sessions:
 - o AM sessions 10am to 12:30pm; PM sessions 1:30pm to 4pm
- Price List:
 - Child under 2 years old: Free
 Child aged 2 to 12 years old: £8.00
 Persons aged 13 and over: £2.00

For more information; please call **0118 937 2632** or email <u>reading.play@reading.gov.uk</u>. Further information can also be found at:

- www.readingplay.co.uk/sf2018
- www.facebook.com/ReadingPlay
- www.twitter.com/ReadingPlay



Reading Rockets ASD Basketball Session

Reading Rockets Basketball Club have started a NEW basketball session for young people who are on the Autistic spectrum.

The programme currently has 15 spaces and we would like to invite your son/daughter to come along and learn basketball with the Rockets coaches.

Session Details

Every Thursday 4-5pm @ Meadway Sports Centre, Conwy Close, Reading

Cost £4 per week

For More Information and to book your place please contact:

Steph.johnson@readingrockets.co.uk



End of Season Event

On the 19th July 4-5pm we are having an end of year celebration of the SEN basketball programme and I am inviting families to join the children on court to play together.

A member of the Family Information Service/SEND Local Offer team will be on hand to offer parent carers information on how to access services.

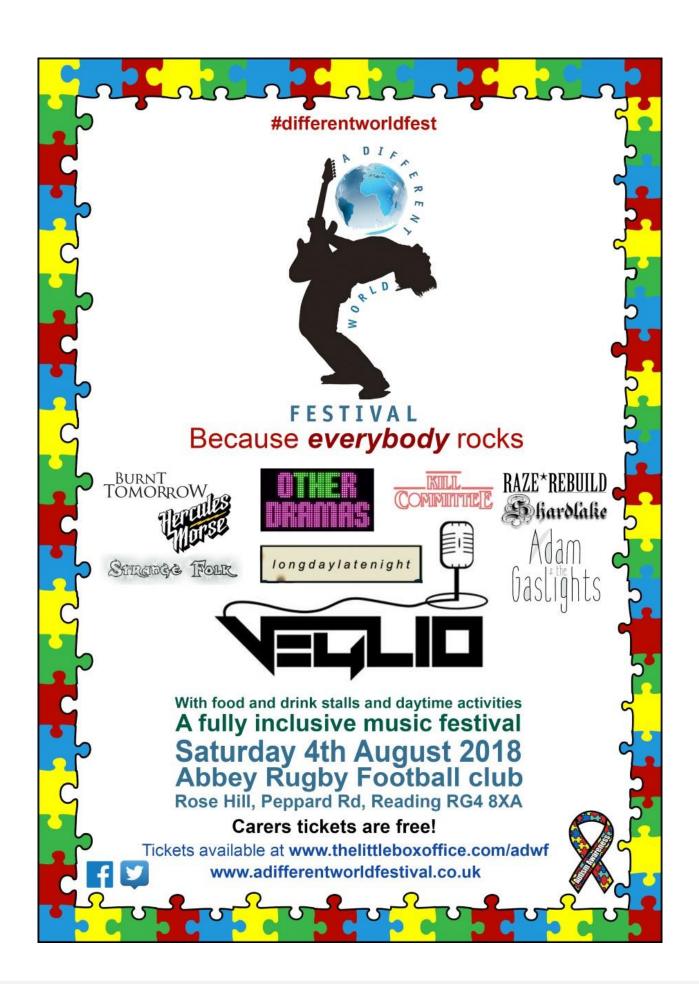
Climb Aboard the New Pick-Up Play Truck at Arthur Newbery Park

ARTHUR NEWBERY PARK, one of Reading's oldest parks in west Reading, has benefited from the arrival of a giant play truck this month, in good time for the school holidays.



The climbing frame truck, complete with side slide, has been installed in the sand area of the play park and complements the existing equipment, including the giant Pirate Ship that was added in 2016.

The new climbing frame, which is suitable for children between 2 and 8 years of age, is packed full of different play opportunities.





FAMILY FUNDAY 14TH AUGUST 2018 12PM TILL 3PM

FAMILY FUN DAY FOR EVERYONE

Tuesday 14th August 2018

Time: 12.00 till 15.00

Venue: The Avenue Special School, Conwy Close, Reading, RG30 4BZ

Book the date in your diary and book your tickets. You pay £5 per person or £15 for up to 4 people and everything is FREE when you enter.

- BBQ and Drinks we recommend bringing some food to share, a great way to get to know the community
- **Bouncy Castle**
- Face Painting
- Table Top Activities
- Outdoor Equipment
- Adult-led Games
- Ice-Cream Van (this is an additional cost though 50% of the takings go back into C2D)
- **Zumba, Dance and Fitness**
- Life Coaching
- Picnic Area

EVERYONE in the community is welcome. We want to bring the community together through health, wellbeing and fitness. Must importantly having loads of fun together and sharing experiences.

You must book your child's placement via Victoria Andrews for this event vickieandrews50@hotmail.co.uk or 07736343570



Chance to dance summer camp 2018

Date: Wednesday 15th August to Friday 17th August 2018

Time: 9.30 till 16.30

Venue: The Avenue Special School, Conwy Close, Reading, RG30 4BZ

Wednesday 15th August to Friday 17th August are our group days. This is for those students who can work within a small group of up to 10.

Costs of Dance Summer Camp 2018 £70 deposit on booking to secure your child's placement via BAC's £70 for 1 day £135 for 2 days £180 for 3 days

Deadline for full payment is Friday 29th June 2018

Routine of Dance Camp Life:

9.30 - 10.00 - Morning Registration/Free Play

10.00 - 11.00 - Dancing

11.00 - 11.30 - Snack/Playtime Outside

11.30 - 12.30 - Music and Drama

12.30 - 13.30 - Lunchtime

13.30 - 15.30 - Afternoon activities will range from external visitors who come in to run an event such as drama, sports or sensory outdoor games. Swimming, arts and crafts, baking, trips ect. The specific details are decided nearer the time based on those children book in to attend. We build each day around the children and young people and the expertise of the staff. This unique planning has worked really well for the past 2 summers.

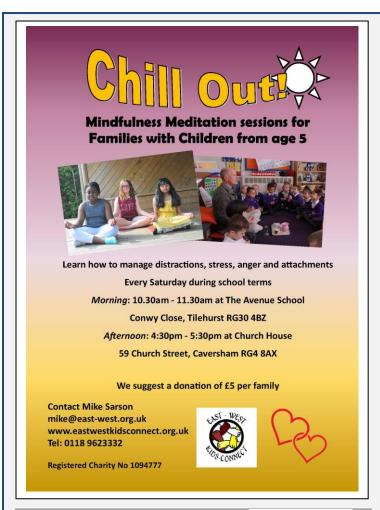
Wednesday - Swimming, Thursday - Dance Day, Friday - Bowling

15.30 - 16.00 - Snack/Playtime Outside

16.00 - 16.30 - Home Time

You must book your child's placement via Victoria Andrews for this event vickieandrews50@hotmail.co.uk or 07736343570

Family Support...



Reading & West Berkshire Carers Hub



Are you- or is someone you know providing much needed care for a loved one?

How can we help you?

Carers Trust provides a range of support services which can be accessed via the Carers Hub- funded by Reading Borough Council, West Berkshire Council, North and West Reading CCG, South reading CCG and Newbury & District CCG.

What kind of support do we provide?

The Reading and West Berkshire Carers Hub can offer:

- Information, advice and guidance
- Signpost to other services/ organisations
- Access to support groups
- Free access to local leisure, health and wellbeing facilities.
- 'CarerSmart' benefits and discounts card
- Free training
- Carer's grants.

To more information, please call 0118 324 7333 or alternately email: ask@berkshirecarershub.org

Autism Advisory Service

Supporting all families in Reading that receive a diagnosis of Autism for their child.

What We Do

- Home Visits
- · Living with Autism Course
- Family Seminars
- Coffee Mornings
- Advice to families & professionals





Autism Berkshire Support Services include:

Helpline

Home Visiting

Workshop for Parents & Carers

<u>Drop-in Advice and Support Groups -</u>
<u>Autism Berkshire</u>

For more information about the group, call 01189 594 594 or email contact@autismberkshire.org.uk

http://www.autismberkshire.org.uk/leisureand-social-activities/



Family Support...

Reading Community Welfare Rights

Reading Community Welfare Rights Unit has been delivering high quality advice in and around Reading since 1988. We are committed to providing a specialist advice service to all sectors of the local community in the area of Welfare Benefits & Housing advice.

Our Service is free, confidential, independent and impartial. We believe in equality for all.

0118 955 1070 (Mon - Fri 10am to 3pm) <u>advisor@readingspecialist.co.uk</u> 101 Oxford Road, Reading RG1 7UD

CommuniCare Advice, Information and Support

We are an advice and support centre based in the Community of East Reading. Our service is confidential and free. We provide all sorts of practical help and information including: Benefits checking and welfare rights; Form filling for claims; Housing advice; Debt Advice; Employment advice. Information on living with disabilities and advice for carers: Local community information; Details on health issues and services; Dealing with divorce and separation; Free Internet access during drop-ins; Legal Advice Clinic; Letter writing.

We run outreach advice sessions every Monday 10.30am to 12.30pm at Whitley Community Cafe (Northumberland Avenue, Reading RG2 7QA) and every Tuesday at the CCA Support Centre, Oxford Road, Reading. Daily sessions available from 10am at the CommuniCare Advice Centre at 233 Kings Road.

0118 926 3941 office@communicare.org.uk http://www.communicare.org.uk

Reading Information, Advice & Support Service for SEND (Formerly The Parent Partnership)

Reading Information, Advice & Support Service for SEND (ReadingIASS) offers free confidential and impartial advice and support to Reading parents and carers who have children (up to the age of 25) with special educational needs. The service also offers all parents (whether the child has special educational needs or not) advice and support with secondary transfer. This service operates term time only and can be contacted as follows:

Email: <u>iass@reading.gov.uk</u>

Tel: 0118 937 3421www.readingiass.org/



Parenting Special Children - Pre and Post Diagnosis Support

Parenting Special Children is a local charity and everyone that works for the charity is a parent of a child with an additional need. We aim to help parents/carers in many areas:

- A listening ear from our Diagnosis Support Service
- Talk to a fellow parent/carer with our Peer Supporter Service
- Parenting Programmes including strategies for Parents/Carers
- Sleep Service including Sleep Workshops and Sleep Clinics
- Pre & Post Autism Workshops
- Pre & Post ADHD Workshops



The Diagnosis Support Service offers a one-to-one Peer Support Service for parents/carers of children recently diagnosed with additional needs - a disability, learning difficulty, developmental delay or a genetic disorder. This service is for parents in the Berkshire West Area (Reading, Wokingham & Newbury areas).

www.parentingspecialchildren.co.uk dss@parentingspecialchildren.co.uk Tel: 07990 761676

Family Support...

The Autism Berkshire Benefits Service

Autism Berkshire's Benefits Service is expanding. In addition to help completing application forms and preparing for appeals, our Benefits Adviser Kevin Jackson is now available to represent people at benefit assessment hearings and appeal tribunals.

In addition to helping with benefit applications for individuals and families living with autism, Kevin is now able to assist people with a number of conditions related to autism, including severe dyslexia, dyspraxia, obsessive compulsive disorder (OCD) and attention deficit hyperactivity disorder (ADHD). He can help with the following benefits:

Universal Credit; Employment & Support Allowance; Jobseeker's Allowance, Carer's Allowance, Disability Living Allowance, Personal Independence Payment, Housing Benefit and Council Tax.

Kevin is available for one-to-one appointments at our office in Reading. There is a £10 refundable deposit for daytime appointments, which will be returned once someone attends an appointment. Evening appointments are also available, but these are subject to a £40 non-refundable charge.

Representing people at benefit assessment hearings and appeal tribunals is subject to a £40 non-refundable charge. Advice and representation for benefit applications related to severe dyslexia, dyspraxia, OCD and ADHD is subject to a £60 non-refundable charge.

For more information see autismberkshire.org.uk/benefits-service/ and to book appointments, call Kevin Jackson or Autism Berkshire's administrator, Claire Finnerty, on 01189 594 594 or email admin@autismberkshire.org.uk

ASD Family Help

ASD Family Help

A 'User Led' independent and voluntary group that offers free support and advice to individuals on the autistic spectrum, their parents, carers and professionals within Wokingham and West Berkshire Boroughs, Berkshire UK.

We aim to help improve services for children and adults with ASD, their parents, carers & professionals, through raising awareness of ASD by providing a number of services (subject to funding) including support, activities, short breaks, events and much more...

For family or child sessions, please contact Rachael@asdfamilyhelp.org For adult support or sessions, please contact Jayne@asdfamilyhelp.org

Tel: 07707 660 599 email: contact@asdfamilyhelp.org
ASD Family Help

ACRE Family Support Team (Alafia)

Supporting black and minority ethnic families with a child or Young Person (0-25) with additional needs or disabilities.

First Tuesday of the Month - Alafia Parent Carer support group Contact for location Tel: 01189510279 email: info@acre-reading.org

Second Monday of the Month Alafia at Special Needs Evening Krazy Playdays 5.30 -7.30pm. Come find out about Alafia. Alafia will pay for children registered with the service.

For more information and support please contact Tel: 0118 9510279 Email: info@acre-reading.org



Parent Carers!

Don't forget that you can access lots more information by visiting the Reading Services Guide SEND Local Offer

SEND Local Offer



SEND Local Offer

LOCAL OFFER
Special
Educational
Needs &
Disabilities (SEND)
READING

Information on services and support for children and young people with special educational needs and disabilities (SEND) and their families



What is the Local Offer?

The Local Offer website (www.reading.gov.uk/sendlocaloffer) provides information on services and support in Reading for children and young people (aged 0 - 25) with special educational needs and disabilities (SEND), their families and carers. It is also a useful resource for professionals and service providers.

Why is it important?

The Local Offer gives children and young people with SEND and their families information that enables them to access services and support which best match their individual needs and personal situation.



What information is available?

- details of early years settings, schools and further education colleges
- local health services and provision for social care
- · information on local special needs support
- guidance and services to assist in preparing children and young people for adulthood, including pathways to employment
- information on carers advice and support
- special needs activities and Short Breaks
- · information on transport options



There are also advice and guidance pages, service listings and an interactive calendar of activities and events.

Contact

- **1** 0118 937 3777 (option 2)
- www.reading.gov.uk/sendlocaloffer
- @ReadingLocalOffer





This Service is provided by Reading Borough Council's Family Information Service

Contact us on:

Tel: 0118 937 3777 (opt 2) localoffer@reading.gov.uk

www.reading.gov.uk/sendlocaloffer



